Lycée Départemental de Donsin School year: 2014-2015

Teacher: Mr. RAMDE Level: 1ère A

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***LISTENING COMPREHENSION***

**Text: Mothers with AIDS face a dilemma**

Cynthia, a woman living in the West Indies, had a choice between breast-feeding and bottle-feeding her new-born. The decision might seem simple. After all, for decades health centres have been promoting mother’s milk as the ultimate health food” for babies. Besides, bottle- fed babies in poor communities are about 15 times more likely to die from diarrheic disease than those who are breast- fed. In fact, the United Nations Children’s Fund (UNICEF) reports that some 4000 children die every day as a result of ***hazards*** associated with breast-milk s***ubstitutes.*** . In Cynthia’s case, the decision regarding breast-feeding involved another danger altogether. Her husband had infected her with the human immunodeficiency virus (HIV), which causes AIDS. After giving birth, Cynthia learned that a child of an HIV positive mother stands a 5- in-7 chance of becoming infected through breast milk. Thus, she had to make an agonizing choice: expose her baby to the risks of breast-feeding or subject it to the hazards of bottle-feeding. In one country, more than half of all pregnant women tested were infected. “These alarming figures”, reports UN Radio,” have had scientists racing to find a remedy.” But, what UN AIDS has found is that the solution to the AIDS dilemma is not so simple.

***Adapted from Awake, January 8 th, 2000, p.5***

***Vocabulary***

***To breast-feed:*** to feed the baby with the mother’s milk

***To bottle-feed:*** to feed the baby with artificial milk

***Hazards:*** dangers, risks

***Substitutes:*** replacement, supplements